

**GENERAL PROGRAM OUTLINE:**

(See inside for Details)

**I. HEALTH UPDATES - Life style and behavioral modification in the workplace**

- A. Drug Abuse
- B. Smoking Cessation
- C. Fitness Programs
- D. Nutritional Counselling

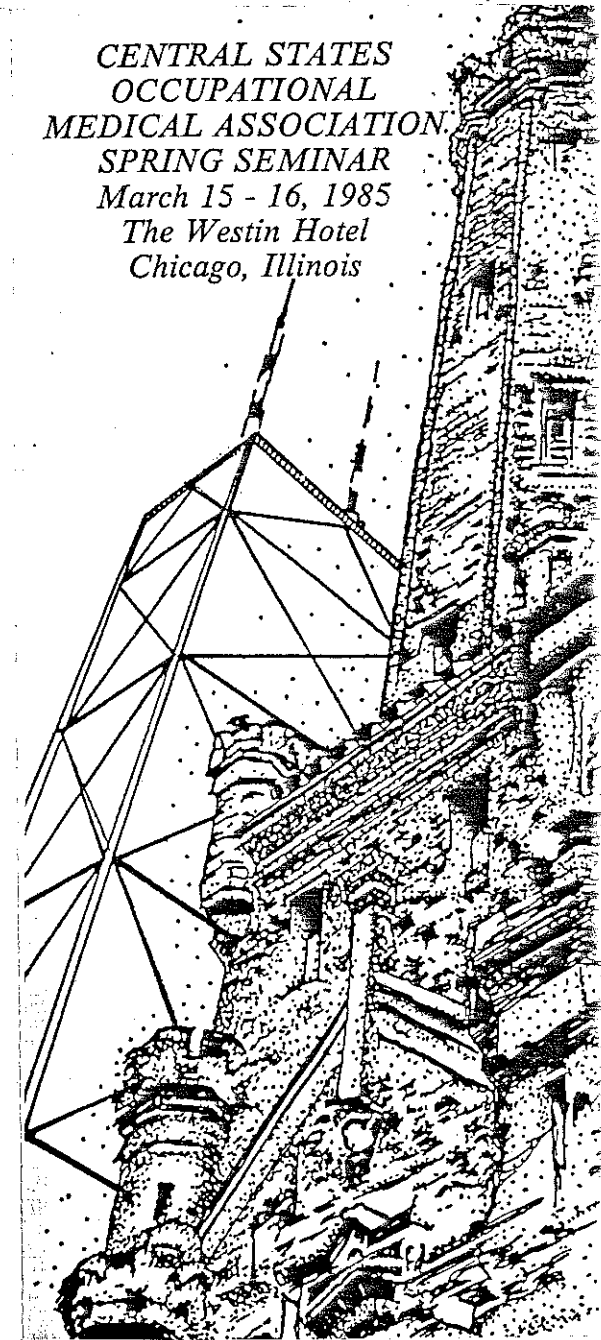
**II. CLINICAL UPDATES - Recent developments with relevance to occupational medicine practice.**

- A. Rheumatology
- B. Diabetes
- C. Contact Dermatitis

**IV. HEALTH COST CONTAINMENT UPDATES - Whatever happened to the programs which were going to save money?**

- A. The AMA Programs
- B. HMO's

**CENTRAL STATES  
OCCUPATIONAL  
MEDICAL ASSOCIATION  
SPRING SEMINAR  
March 15 - 16, 1985  
The Westin Hotel  
Chicago, Illinois**



**Central States  
Occupational Medical Association**

**Spring Seminar**

March 15 - 16, 1985  
The Westin Hotel  
909 N. Michigan Ave.  
Chicago, Illinois 60611

(312) 943-7200

FRIDAY, MARCH 15th

**"Employee Drug Abuse"**

Peter Bensinger, Consultant  
Chicago, Illinois

**"Rheumatology"**

Harvey Golden, M.D.  
Rush Medical School  
Chicago, Illinois

**"Nutritional Counselling in  
Occupational Medicine"**

Eleanor Betz, R.D.  
Yolanda Hall, M.S.  
University of Illinois Medical School  
Chicago, Illinois

**"Health Cost Containment Update -AMA Program"**

David Marcus, Ph.D.  
American Medical Association  
Chicago, Illinois

**"Smoking Cessation"**

William Fishbeck, M.D.  
Dow Chemical Company  
Freeport, Texas

**"Contact Dermatitis"**

Sophie Worobec, M.D.  
University of Illinois  
Chicago, Illinois

SATURDAY, MARCH 16th

**"Diabetes"**

Arthur Rubinstein, M.D.  
University of Chicago  
Chicago, Illinois

**"Health Cost Containment - HMO Program"**

James Craig, M.D.  
General Mills  
Minneapolis, Minnesota

**"Fitness Programs"**

Robert Dedmon, M.D.  
Kimberly - Clark  
Neenah, Wisconsin

**"Transplantation"**

Donald King, M.D.  
University of Chicago  
Chicago, Illinois



As an organization accredited for continuing medical education, the American Occupational Medical Association designates this continuing medical activity as meeting the criteria for nine and one half (9.5) hours in Category I of the Physician's Recognition Award of the American Medical Association. This program will be submitted to the Illinois Nurses Association for review and approval for contact hours of continuing education credit for registered nurses.

**SPECIAL EVENTS**

THURSDAY AFTERNOON, MARCH 14th

(Tours for those arriving early)

2:00 - 4:30 P.M.

Tour Northwestern Rehabilitation Institute (walk)

or

1:30 - 4:30 P.M.

Tour University of Chicago Medical Center (buses)

(Additional CME credits will  
be earned by those taking the tours)

FRIDAY AFTERNOON, MARCH 15th

Luncheon Speaker  
Bob Weidrich, Associate Metropolitan  
Editor from the Chicago Tribune

SATURDAY MORNING, MARCH 16th

11:45 - 12:30 P.M.

Medical Student Debate on VDT's

**MAKE PLANS NOW TO ATTEND!**

**FOR ADDITIONAL INFORMATION, CONTACT:**

Marlyce J. Nutt  
Executive Director  
Central States OMA  
4918 W. Mulford  
Skokie, IL 60077  
(312) 676-1475

**1985 SPRING SEMINAR PROGRAM COMMITTEE**

P.F.D. Van Peenen, M.D., Chairman  
D. Egnatz, M.D.  
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R.S. Kassriel, M.D.  
J.C. King, M.D.  
J. Parker, R.N.  
E.J. Van Cura, M.D.