

# CENTRAL STATES OCCUPATIONAL MEDICAL ASSOCIATION 67th ANNUAL SPRING MEETING

## Faculty

Jay C. Bisgard, MD, MPH  
Pacific Bell  
San Francisco, California

Margaret A. Chesney, PhD  
University of California  
San Francisco, California

Charles A. Czeisler, MD  
Harvard Medical School  
Boston, Massachusetts

David M. Eddy, MD, PhD  
Duke University  
Durham, North Carolina

Mark Goldstein  
Age Wave, Inc.  
Emeryville, California

Linda J. Havlin, MBA  
Hewitt Associates  
Lincolnshire, Illinois

Daniel Hryhorczuk, MD, MPH  
Toxikon Consortium  
River Forest, Illinois

Gary M. Kohn, MD  
United Airlines  
Chicago, Illinois

Walter J. McNerney, MHA  
Northwestern University  
Evanston, Illinois

David T. Ozar, PhD  
Loyola University of Chicago  
Chicago, Illinois

Robert H. Rosen, PhD  
Healthy Companies, Inc.  
Arlington, Virginia

Daniel C. Smith, MBA  
McDonnell Douglas Corp  
St. Louis, Missouri

## Objectives:

- Inform audience of direction and pace of changes in managed care over the next five years.
- Provide useful tools to measure workplace stress.
- Provide a working definition and guidelines to manage workplace stress.

*A bound copy of the proceedings will be made available free of charge to all participants after the meeting.*

## Friday, March 22, 1991 - Cotillion North Room

7:15 Registration - Corridor - 2nd Floor  
Continental Breakfast & Exhibits - Consulate Rooms 1-7

8:00 Welcome - Richard L. Hughes, MD, Program Chairman  
College Remarks - Elias A. Shaptini, MD, President-Elect, ACOM

### MANAGED CARE IN THE 90'S

8:30 "Adversaries or Allies? The Changing Role of Health Service and Benefit Managers"  
*Linda Havlin, Manager, Hewitt Associates*

9:30 "Budgeting for Disease Prevention - Lessons from Cancer Screening"  
*David Eddy, MD, PhD, Professor of Health Policy and Management, Duke University*

10:30 Refreshment Break and Exhibits - Consulate Rooms 1-7

11:00 "Who Pays for Lung Cancer? The Ethics of Healthcare Rationing"  
*David T. Ozar, PhD, Associate Professor, Philosophy, Loyola University*

12:00 Luncheon - Cambridge Room  
"Should American Business Restrict Healthcare Benefits?"  
*Walter McNerney, PhD, Professor of Health Policy, Northwestern University*

### MEASURING WORKPLACE STRESS

1:30 *The CSOMA Robert R.J. Hilker, MD Award Lecture*  
*Award Presented by*  
*Wayne N. Burton, MD, President, CSOMA*

"Effect of Shift Work and Jet Lag on Employee Productivity"  
*Charles Czeisler, MD, Associate Professor, Medicine; Director, Laboratory for Circadian and Sleep Disorders Medicine, Harvard Medical School*

2:30 "Effect of Depression on Employee Productivity"  
*Jay C. Bisgard, MD, Corporate Medical Director, Pacific Bell*

3:30 Refreshment Break & Exhibits - Consulate Rooms 1-7

4:00 "Post-Disaster Stress: Lessons from Chernobyl and Sioux City"  
*Daniel Hryhorczuk, MD, MPH, Toxikon Consortium*  
*Gary M. Kohn, MD, United Airlines*

5:00 **CSOMA ANNUAL BUSINESS MEETING**  
*Wayne N. Burton, MD, Presiding*

6:00 HEP Reception - Governor's Suite

## Saturday, March 23, 1991 - Cotillion North Room

7:15 Continental Breakfast - Governor's Suite

### MANAGING WORKPLACE STRESS

8:00 "The Aging Employee - Role of the Medical Department"  
*Mark Goldstein, Age Wave, Inc.*

8:40 "Economics of Early Intervention"  
*Dan Smith, Director, Employee Assistance Services, McDonnell Douglas Corporation*

9:20 Refreshment Break - Cotillion South Room

9:50 "Who Manages Stress? - Practical Suggestions for Corporations"  
*Margaret Chesney, PhD, Adjunct Professor, Psychiatry, University of California*

10:30 "Building A Healthy Corporation"  
*Robert Rosen, PhD, President, Healthy Companies, Inc.*

11:10 Panel Q/A

# REGISTRATION FORM

**YES!** Please register me for the CSOMA 1991 Spring Meeting, March 22-23, 1991 at the Westin Hotel Chicago Chicago, Illinois. The Conference Fee is \$125. Please enclose a check payable to: CSOMA Tax ID #36 60867860

Name: \_\_\_\_\_ Degree \_\_\_\_\_  
(Please print legibly)

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone #: (\_\_\_\_) \_\_\_\_\_

\_\_\_\_\_ I prefer a fish entree for the Friday luncheon.

MAIL TO: **CENTRAL STATES OCCUPATIONAL MEDICAL ASSOCIATION**  
Attn: Marlyce J. Nutt  
2010 Lexington Drive, Palatine, IL 60074  
708/991-5016

## ACCREDITATION

As an organization accredited by the ACCME for continuing medical education, the American College of Occupational Medicine designates this continuing medical education activity as meeting the criteria for 11.0 hours in Category I of the Physician's Recognition Award of the American Medical Association.

This program has been reviewed and is acceptable for 10.25 Prescribed Hours by the American Academy of Family Physicians.

This program has been submitted for consideration of contact hours for Occupational Health Nurses to the American Association of Occupational Health Nurses, Inc., and for professional development hours to the EAP Association.

## FEES

The registration fee of \$125 applies to all registrants and includes all scientific sessions, course materials, continental breakfasts and coffee breaks on Friday and Saturday, and luncheon on Friday. The reception on Friday evening is sponsored by Health Evaluation Programs, Inc. Your check for \$125 should accompany the registration form and be mailed to CSOMA, Attn: Marlyce J. Nutt, 2010 Lexington Drive, Palatine, IL 60074. If you have questions or need additional information, please call 708/991-5016. A refund of \$100 will be sent only if written notification of your inability to attend is received on or before Monday, March 18th.

## ACCOMMODATIONS

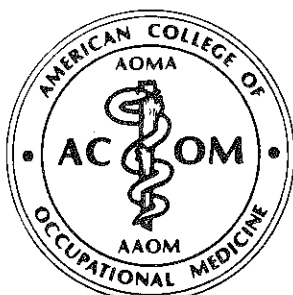
A block of rooms has been reserved in the name of Central States Occupational Medical Association at the Westin Hotel Chicago, 909 North Michigan Avenue, Chicago, IL 60611, 312/943-7200, at the rate of \$105 for single or double. To assure lodging, it is suggested that you call or mail the enclosed registration card prior to February 25, 1991, after which reservations will be accepted on a space available basis only.

## ACKNOWLEDGEMENTS

The Central States Occupational Medical Association gratefully acknowledges the contributions and support of:

Continental Bank  
Edwards Medical Supply, Inc.  
E-Z-EM, Inc.  
Health Evaluation Programs, Inc.

Hewitt Associates  
Marion Merrell Dow, Inc.  
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**CENTRAL STATES OCCUPATIONAL  
MEDICAL ASSOCIATION**

**67th ANNUAL SPRING MEETING**

Friday and Saturday  
March 22-23, 1991  
The Westin Hotel Chicago  
Chicago, Illinois